



## GLUTEN-FREE

### ENTRÉES

- Malai Chicken
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls
- Indonesian Style Crispy Chicken Wings

### MAINS

- Maharajah Lamb Curry
- Soft Shell Crab
- Thai Yellow Chicken Curry
- Sour Orange Fish Curry
- Butter Chicken
- Thai Beef Salad
- Dhal
- Tandoori Lamb Cutlets
- Penang Chicken



## VEGAN

### ENTRÉES

- Curry Puffs
- Vietnamese Summer Rolls

### MAINS

- Sichuan Style Clay Pot
- Broccoli & Tofu Stir Fry
- Singapore Fried Noodles\*
- Dhal

### SIDES

- Roti
- Sweet Chilli Eggplant
- Wok Fried Greens
- Poppadoms



## ONION & GARLIC-FREE

### ENTRÉES

- Peppered Squid
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls

### MAINS

- Broccoli & Tofu Stir Fry\*
- Singapore Fried Noodles\*
- Roast Duck Noodles\*
- Thai Beef Salad\*

### SIDES

- Wok Fried Greens\*
- Poppadoms
- Naan
- Roti



## GLUTEN-FREE & DAIRY-FREE

### ENTRÉES

- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls
- Indonesian Style Crispy Chicken Wings

### MAINS

- Soft Shell Crab
- Maharajah Lamb Curry
- Thai Yellow Chicken Curry
- Sour Orange Fish Curry
- Dhal
- Thai Beef Salad



## CHILLI-FREE

### ENTRÉES

- Prawn Crackers
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls\*

### MAINS

- Shaking Beef
- Broccoli & Tofu Stir Fry\*
- Thai Beef Salad\*

### SIDES

- Wok Fried Greens
- Naan
- Caramelised Onion & Garlic Naan
- Roti
- Poppadoms



## CONTAINS SEAFOOD

### ENTRÉES

- Prawn Crackers
- Combo Platter (contains squid)
- Chicken Satay (OS/FS)
- Lettuce Cups (FS)
- Wontons (FS)

### MAINS

- Roast Duck Noodles (FS/OS)
- Singapore Noodles (FS)
- Shaking Beef (FS/OS)
- Laksa (SP)
- Singapore Noodles with Firecracker (SP/FS)
- Firecracker (SP)

### SIDES

- Chilli sambal (SP)



## DAIRY-FREE

### ENTRÉES

- Prawn Crackers
- Indonesian Style Crispy Chicken Wings
- Spiced Grill Chicken Satay
- Wontons
- Peppered Squid
- Vietnamese Summer Rolls
- Thai Gulf Jumbo Prawns

### MAINS

- Firecracker Chicken
- Maharajah Lamb Curry
- Soft Shell Crab
- Thai Yellow Chicken Curry
- Sour Orange Fish Curry
- Beef Rendang
- Sichuan Style Clay Pot
- Broccoli & Tofu Stir Fry
- Singapore Fried Noodles
- Roast Duck Noodles
- Thai Beef Salad
- Dhal
- Laksa

### SIDES

- Sweet Chilli Eggplant
- Wok Fried Greens
- Poppadoms



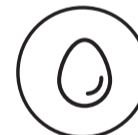
## CONTAINS NUTS

### ENTRÉES

- Spiced Grill Chicken Satay
- Indonesian Style Crispy Chicken Wings (Candlenut)

### MAINS

- Penang Chicken (Candlenut)



## CONTAINS EGG

### ENTRÉES

- Prawn Crackers
- Peppered Squid

### MAINS

- Singapore Fried Noodles
- Roast Duck Noodles
- Laksa
- Nasi Goreng

### SIDES

- Dr Lim's Fried Rice

**RICE IS SUITABLE FOR ALL ALLERGIES \* = ON REQUEST ONLY**  
**OS – OYSTER SAUCE FS – FISH SAUCE SP – SHRIMP PASTE**

Please be advised that our menu items are all prepared in a kitchen which stocks eggs, wheat/gluten products, nuts, dairy and seafood. Every effort is made to instruct our staff regarding the severity of food allergies however we cannot ensure cross contamination of ingredients does not occur in our kitchen. We do not use a separate deep fryer for gluten free dishes so these may come into contact with traces of the above allergens.



# MONSOON POON

TRADING HOUSE RESTAURANT

ALLERGY MENU