

DAIRY FREE



- Peppered Squid
- Vietnamese Summer Rolls
- Kanpachi Crudo
- Hong Kong BBQ Salmon
- Thai Gulf Jumbo Prawns
- Spice Grill Chicken Satay
- Krishna Pakhora
- SFC
- Whitebait Egg Foo Young Omelette
- Pho Bo
- Wok Seared Salmon
- Shaking Beef
- Bali Prawns
- Firecracker Chicken
- Beef Rendang
- Malay Hawker Style Fried Fish & Prawns
- Malabar Fish Curry
- Nasi Goreng
- Thai Yellow Chicken Curry
- 25 Herb & Spice Lamb Curry
- Sticky Pork Belly
- South Indian Spice Scented Lentil Curry
- Sichuan Style Vegetables
- Thai Beef Salad
- Peking Duck Salad
- Mango & Black Rice Salad
- Singapore Fried Noodles
- Bangkok Street Noodles
- Roast Duck Mee Goreng
- Poppadoms
- Bok Choy
- Fire Crushed Cucumber
- Sweet Chilli Eggplant
- House Side Salad

ONION & GARLIC FREE



- Prawn Crackers
- Raita Royale Dip
- Vietnamese Summer Rolls ***
- Kanpachi Crudo ***
- Krishna Pakhora
- Whitebait Egg Foo Young Omelette ***
- Bangkok Street Noodles ***
- Singapore Fried Noodles ***
- Thai Beef Salad ***
- Roti
- Classic Naan
- Poppadoms
- Steamed Seasonal Greens ***
- Bok Choy ***
- House Side Salad ***

FISH, SHELLFISH & SEAFOOD FREE

- Raita Royale Dip
- Malai Chicken
- Krishna Pakhora
- Vietnamese Summer Rolls ***
- Three Cheese Naan
- Beef Rendang
- Butter Chicken
- Thai Yellow Chicken Curry
- 25 Herb & Spice Lamb Curry
- Mowgli Chana Masala
- Sichuan Style Vegetables ***
- South Indian Spice Scented Lentil Curry
- Thai Beef Salad ***
- Peking Duck Salad
- Mango & Black Rice Salad
- Black Pepper & Chilli Tofu
- Singapore Fried Noodles ***
- Bangkok Street Noodles ***
- Roast Duck Mee Goreng ***
- All Breads
- Steamed Seasonal Greens
- Fire Crushed Cucumber
- Bok Choy ***
- House Side Salad ***

CHILLI FREE



- Prawn Crackers
- Raita Royale Dip
- Hong Kong BBQ Salmon
- Kanpachi Crudo ***
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls ***
- Spice Grill Chicken Satay ***
- Whitebait Egg Foo Young Omelette ***
- Peking Duck Salad
- Thai Beef Salad ***
- Mango & Black Rice Salad
- Pho Bo ***
- Shaking Beef
- Bangkok Street Noodles ***
- Roast Duck Mee Goreng
- All Breads
- Bok Choy
- Steamed Seasonal Greens
- House Side Salad ***

GLUTEN FREE



- Raita Royale Dip
- Malai Chicken
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls
- Kanpachi Crudo
- Pho Bo
- Butter Chicken
- Thai Yellow Chicken Curry
- Mowgli Chana Masala
- 25 Herb & Spice Lamb Curry
- Thai Beef Salad
- Mango & Black Rice Salad
- South Indian Spice Scented Lentil Curry
- Steamed Seasonal Greens
- Fire Crushed Cucumber
- House Side Salad

HALAL



- Raita Royale Dip
- Vietnamese Summer Rolls
- Malai Chicken
- Spice Grill Chicken Satay
- Whitebait Egg Foo Young Omelette
- Three Cheese Naan
- Thai Yellow Chicken Curry
- South Indian Spice Scented Lentil Curry
- Butter Chicken
- 25 Herb & Spice Lamb Curry
- Pho Bo
- Shaking Beef
- Mowgli Chana Masala
- Sichuan Style Vegetables ***
- Nasi Goreng
- Beef Rendang
- All Salads
- All Noodles
- All Sides
- All Breads

VEGETARIAN



- Raita Royale Dip
- Krishna Pakhora
- Vietnamese Summer Rolls ***
- Three Cheese Naan
- Mowgli Chana Masala
- South Indian Spice Scented Lentil Curry
- Sichuan Style Vegetables ***
- Singapore Fried Noodles ***
- Bangkok Street Noodles ***
- Roast Duck Mee Goreng ***
- Black Pepper & Chilli Tofu
- Mango & Black Rice Salad
- All Breads
- Steamed Seasonal Greens
- Fire Crushed Cucumber
- Bok Choy ***
- Sweet Chilli Eggplant
- House Side Salad ***

VEGAN



- Krishna Pakhora
- Vietnamese Summer Rolls ***
- Roast Duck Mee Goreng ***
- Sichuan Style Vegetables ***
- Singapore Fried Noodles ***
- Bangkok Street Noodles ***
- Mango & Black Rice Salad
- South Indian Spice Scented Lentil Curry
- Poppadoms
- Steamed Seasonal Greens ***
- Fire Crushed Cucumber
- Bok Choy ***
- Sweet Chilli Eggplant
- House Side Salad ***

CONTAINS CORIANDER



- Raita Royale Dip
- Firecracker Sliders
- Malai Chicken
- Peppered Squid *(can remove)*
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls
- Krishna Pakhora *(can remove)*
- Three Cheese Naan
- SFC *(can remove)*
- Pho Bo
- Wok Seared Salmon
- Bali Prawns
- Firecracker Chicken
- Butter Chicken
- Malabar Fish Curry
- Thai Yellow Chicken Curry
- Mowgli Chana Masala
- 25 Herb & Spice Lamb Curry
- Sticky Pork Belly
- South Indian Spice Scented Lentil Curry
- Thai Beef Salad *(can remove)*
- Mango & Black Rice Salad *(can remove)*
- Sweet Chilli Eggplant
- Steamed Seasonal Greens
- Fire Crushed Cucumber *(can remove)*
- House Side Salad *(can remove)*

CONTAINS EGG



- Prawn Crackers
- Peppered Squid
- SFC
- Whitebait Egg Foo Young Omelette
- Firecracker Sliders
- Nasi Goreng *(can remove)*
- Singapore Fried Noodles *(can remove)*
- Bangkok Street Noodles *(can remove)*
- Roti

CONTAINS NUTS



- Raita Royale Dip *(can remove)*
- Spice Grill Chicken Satay *(can remove)*
- Pho Bo *(can remove)*
- Sticky Pork Belly *(can remove)*
- Bangkok Street Noodles *(can remove)*
- Thai Beef Salad *(can remove)*
- Peking Duck Salad *(can remove)*
- Malay Hawker Style Fried Fish & Prawns

*** = ON REQUEST ONLY
RICE IS SUITABLE FOR ALL ALLERGIES



MONSOON POON

TRADING HOUSE RESTAURANT

ALLERGY MENU