

## DAIRY-FREE

- Peppered Squid
- Vietnamese Summer Rolls
- Kanpachi Crudo
- Thai Gulf Jumbo Prawns
- Krishna Pakhora
- SFC
- Pho Bo
- Wok Seared Salmon
- Shaking Beef
- BBQ Pork
- Charred Onion Prawn Curry
- Firecracker Chicken
- Beef Rendang
- Malay Hawker Style Fried Fish & Prawns
- Nasi Goreng
- Thai Yellow Chicken Curry
- 25 Herb & Spice Lamb Curry
- Sticky Pork Belly
- South Indian Spice Scented Lentil Curry
- Sichuan Style Vegetables
- Thai Beef Salad
- Peking Duck Salad
- Bang Bang Ji Salad
- Singapore Fried Noodles
- Bangkok Street Noodles
- Roast Duck Mee Goreng
- Poppadoms
- Bok Choy
- Fire Crushed Cucumber
- Sweet Chilli Eggplant
- Steamed Seasonal Greens

## ONION & GARLIC-FREE

- Prawn Crackers
- Vietnamese Summer Rolls \*\*\*
- Kanpachi Crudo \*\*\*
- Krishna Pakhora
- Singapore Fried Noodles \*\*\*
- Roast Duck Mee Goreng \*\*\*
- Bangkok Street Noodles \*\*\*
- Thai Beef Salad \*\*\*
- Roti
- Classic Naan
- Poppadoms
- Steamed Seasonal Greens \*\*\*
- Bok Choy \*\*\*

## FISH, SHELLFISH & SEAFOOD FREE

- Malai Chicken
- Krishna Pakhora
- Vietnamese Summer Rolls \*\*\*
- Three Cheese Naan
- BBQ Pork
- Beef Rendang
- Butter Chicken
- Thai Yellow Chicken Curry
- 25 Herb & Spice Lamb Curry
- Mowgli Chana Masala
- Sichuan Style Vegetables \*\*\*
- South Indian Spice Scented Lentil Curry
- Thai Beef Salad \*\*\*
- Peking Duck Salad
- Bang Bang Ji Salad
- Black Pepper & Chilli Tofu
- Singapore Fried Noodles \*\*\*
- Bangkok Street Noodles \*\*\*
- Roast Duck Mee Goreng \*\*\*
- All Breads
- Steamed Seasonal Greens
- Fire Crushed Cucumber
- Bok Choy \*\*\*

## CHILLI FREE

- Prawn Crackers
- Kanpachi Crudo \*\*\*
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls \*\*\*
- BBQ Pork
- Peking Duck Salad
- Thai Beef Salad \*\*\*
- Bang Bang Ji Salad \*\*\*
- Shaking Beef
- Bangkok Street Noodles \*\*\*
- Roast Duck Mee Goreng
- All Breads
- Bok Choy
- Steamed Seasonal Greens

## GLUTEN-FREE

- Malai Chicken
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls
- Kanpachi Crudo
- Pho Bo
- Butter Chicken
- Charred Onion Prawn Curry \*\*\*
- Thai Yellow Chicken Curry
- Mowgli Chana Masala
- 25 Herb & Spice Lamb Curry
- Thai Beef Salad
- South Indian Spice Scented Lentil Curry
- Steamed Seasonal Greens

## HALAL

- Vietnamese Summer Rolls
- Malai Chicken
- Thai Yellow Chicken Curry
- South Indian Spice Scented Lentil Curry
- Butter Chicken
- 25 Herb & Spice Lamb Curry
- Pho Bo
- Shaking Beef
- Charred Onion Prawn Curry \*\*\*
- Mowgli Chana Masala
- Nasi Goreng
- Beef Rendang
- All Salads
- All Noodles
- All Sides
- All Breads
- Dark Chocolate Mousse
- Smashed Pavlova
- Sago Pudding

## VEGETARIAN

- Krishna Pakhora
- Vietnamese Summer Rolls \*\*\*
- Three Cheese Naan
- Mowgli Chana Masala
- South Indian Spice Scented Lentil Curry
- Sichuan Style Vegetables \*\*\*
- Singapore Fried Noodles \*\*\*
- Bangkok Street Noodles \*\*\*
- Roast Duck Mee Goreng \*\*\*
- Bang Bang Ji Salad \*\*\*
- Black Pepper & Chilli Tofu
- All Breads
- Steamed Seasonal Greens
- Fire Crushed Cucumber
- Bok Choy \*\*\*
- Sweet Chilli Eggplant

## VEGAN

- Krishna Pakhora
- Vietnamese Summer Rolls \*\*\*
- Roast Duck Mee Goreng \*\*\*
- Sichuan Style Vegetables \*\*\*
- Singapore Fried Noodles \*\*\*
- Bangkok Street Noodles \*\*\*
- Bang Bang Ji Salad \*\*\*
- South Indian Spice Scented Lentil Curry
- Poppadoms
- Steamed Seasonal Greens
- Fire Crushed Cucumber
- Bok Choy \*\*\*
- Sweet Chilli Eggplant

## CONTAINS CORIANDER

- Firecracker Sliders
- Malai Chicken
- Peppered Squid
- Thai Gulf Jumbo Prawns
- Vietnamese Summer Rolls
- Krishna Pakhora
- Three Cheese Naan
- Pho Bo
- Wok Seared Salmon
- Charred Onion Prawn Curry
- Firecracker Chicken
- Butter Chicken
- Thai Yellow Chicken Curry
- Mowgli Chana Masala
- 5 Herb & Spice Lamb Curry
- Sticky Pork Belly
- South Indian Spice Scented Lentil Curry
- Thai Beef Salad (*can remove*)
- Bang Bang Ji Salad (*can remove*)
- Fire Crushed Cucumber (*can remove*)
- Sweet Chilli Eggplant

## CONTAINS EGG

- Prawn Crackers
- Peppered Squid
- SFC
- Firecracker Sliders
- Nasi Goreng (*can remove*)
- Singapore Fried Noodles (*can remove*)
- Bangkok Street Noodles (*can remove*)
- Roti

## CONTAINS NUTS

- Pho Bo (*can remove*)
- Sticky Pork Belly (*can remove*)
- Bangkok Street Noodles (*can remove*)
- Thai Beef Salad (*can remove*)
- Peking Duck Salad (*can remove*)
- Bang Bang Ji Salad
- Malay Hawker Style Fried Fish & Prawns
- Fire Crushed Cucumber

\*\*\* = ON REQUEST ONLY  
RICE IS SUITABLE FOR ALL ALLERGIES



# MONSOON POON

TRADING HOUSE RESTAURANT

## ALLERGY MENU